

## ***NEW SPA TREATMENT LAUNCH***

### **Mandara Spa at Hotel Padma Bali introduces - Thai Fusion Massage**

**Launch Date – 01 April, 2007**

Mandara Spa has created a new and unique treatment called Thai Fusion Massage. Taking its main inspiration from traditional Thai Massage, the treatment sequence is a fusion of Thai stretching, palm pressure techniques and other Asian healing therapies including aspects of Ayurvedic Champissage and Chinese acupressure point massage.

The journey begins with a refreshing foot bath using fresh limes and an array of tropical leaves with pure essential oil of lemongrass and sea salt. During the foot cleanse sip tea made from dried Thai lemongrass and Indonesian honey. Lemongrass tea has been used for hundreds of years to combat depression and uplift the mood; it has a pleasant cooling effect on the body.

Thai Fusion Massage is performed with both Guest and Therapist wearing cotton pajamas – this allows maximum movement and flexibility and is a great treatment choice for those more modest guests. Using no oil this firm massage aims to release tension, increase vitality and flexibility, and create wholeness of body, mind and spirit. The effect is uniquely relaxing as well as energizing.

The ultimate subliminal body workout, Thai Fusion Massage is not to be missed and will never to be forgotten.

